



34 College Ave Somerville, MA

PLATINUM HAIRCARE

Things to Remember:

- Wash your hair 1-2 times a week
- Use sulfate-free shampoo and sulfate-free purple shampoo
- When shampooing, don't scrub hard or with too much pressure. Don't twirl the ends with the shampoo. Be gentle!
- Don't completely wash out your conditioner and use oil on wet or dry hair.
- Use a leave-in conditioner. You can make one with a spray bottle, water and regular conditioner.
- 1-2 times a week, use a deep conditioner for at least 40 minutes.
- Avoid heat for the first week after your appointment
- When using hot tools, don't go past 350 degrees. You'll know if it's too hot because your hair will change color.
- Don't use regular hair ties. Use bobble ties or fabric scrunchies.
- Use a wet brush or wide tooth comb when brushing hair.
- Don't sleep with wet hair. If you do, put it in a braid.
- Sleep with a head cover or on a silk or satin pillowcase.